



## labia reduction (*labiaplasty*)

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### What is labiaplasty?

Labia reduction (labiaplasty) is designed to remove excess labia minora or "small lips" of the vulva. When considering cosmetic surgery, it is important that you are fully informed on all aspects of the procedure that you are seeking. We aim to provide guidance on your decision to proceed to an individualised, full and confidential consultation with the plastic/cosmetic surgeon who will perform the operation.

### Who is suitable for the surgery?

Mostly for women who feel that the labia minora are excessive or floppy and overhang the labia majora. This condition may be cosmetically unacceptable to the patient or her partner.

### How is the surgery performed?

The excess labia minora are marked and trimmed according to the patient's wishes. The defect is then closed and held with dissolvable sutures. The resulting raw area is then repaired with dissolvable stitches preferably.

### Risks of the Operation

Fortunately, significant complications from this procedure are infrequent. Every year many women undergo successful labia reduction surgery, experience no major problems and are delighted with the results. Theoretically, bleeding and infection can occur, but these are uncommon. Sexual activity should not be resumed for about 3- 4 weeks.

### When can I resume my normal activities?

This varies from patient to patient. Most people are able to return to work in 7-10 days.